

Brainwashed - Brian McBride: Beyond the Buzz

Written by Jon Whitney and Anthony D'Amico

Sunday, 14 November 2010 00:00 - Last Updated Sunday, 14 November 2010 20:39



Brian McBride has been recording music as one half of Stars of the Lid since 1995, but 2010 has been an especially active and varied year for him. Last month, he released *The Effective Disconnect*, his long-awaited second solo album and first foray into composing a film soundtrack. He also recently co-founded a record label (Failed Better) and made his debut as a member of Bell Gardens on the *Hangups Need Company* EP, a significant stylistic departure from his past work. Brainwashed caught up with Brian to gather some insight on each release along with his other current activities.



Tell me about *The Effective Disconnect* - who's behind it, how did you get in touch, what

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the film is about.

Maryam Henein and George Langworthy, the filmmakers, approached me in 2008. George and I had crossed paths before in Austin during the early '90s. We both worked at the same radio station.

The film documents their attempt to make sense of disappearing bee populations. Maryam and George explain it like this:



"Honeybees have been mysteriously disappearing across the planet, literally vanishing from their hives.

Known as Colony Collapse Disorder, this phenomenon has brought beekeepers to crisis in an industry responsible for producing apples, broccoli, watermelon, onions, cherries and a hundred other fruits and vegetables. Commercial honeybee operations pollinate crops that make up one out of every three bites of food on our tables.

Vanishing of the Bees follows commercial beekeepers David Hackenberg and Dave Mendes as they strive to keep their bees healthy and fulfill pollination contracts across the U.S. The film explores the struggles they face as the two friends plead their case on Capital Hill and travel across the Pacific Ocean in the quest to protect their honeybees.

Filming across the US, in Europe, Australia and Asia, this documentary examines the alarming disappearance of honeybees and the greater meaning it holds about the relationship between mankind and mother earth. As scientists puzzle over the cause, organic beekeepers indicate alternative reasons for this tragic loss. Conflicting options abound and after years of research, a definitive answer has not been found to this harrowing mystery."

Is this the first real soundtrack you've worked on?

This is first film that I've worked on prior to film lock. I've had many pieces of music used in films, but this is first time that I've actually collaborated with filmmakers to develop music while they were still in the editing stage.

What kind of effect are you trying to achieve with the music?

While writing and recording, I tried to adhere to two guiding principles: I knew that I wanted the music to convey a sense of fragility due to the subject matter. And I also purposely tried to not overwhelm the film, wanting to provide them something that emphasized their ideas rather than creating some type of music video. George and Maryam asked me to concentrate on four different themes. Some themes I was better at than others—the 'gloriousness of the bees' was a tough one for me. Communicating beauty can't really be forced. You don't want it to become merely ornamental or trite. But the main concern was for the music to serve as a reminder as to how fragile this ecosystem is. We all need reminders how fragile the world is around us from time to time.

Have you incorporated anything new this time around in terms of direction, influences, or technique?

The main difference between this record and my previous work revolves around the tension between making a record and making music for a film. The two are not the same thing. Non-soundtrack work for me takes each side of a record as its own larger piece of music. There may be multiple pieces on each side of a record, but inevitably the twenty minutes or so that I need to work within ends up informing the structure and flow of the music. Scoring a film is about conveying an idea within, say, three to five minutes, or quite often even less. It's more about providing a change to facilitate transitions or mark moments with some significance. After scoring is done, turning it into a record feels a little bit like forcing your work into some sort of artificial collage. When I listen to this record, it seems way busier than what I'm used to, primarily because of the demands of the film. Moods have a tendency to fluctuate a bit more than they would on a Lid record, or even my previous record.

I also ended up recording more violin and viola than I normally use because I wanted the music to be able to sit at a distance from the film and still retain some presence. The higher end pieces, I thought, would not get as lost underneath the narration.

Did you have much interest in bees before you became involved in the film?

I wasn't attending any save-the-bees rallies or anything. However, I did an immense amount of research on questions of sustainable agriculture versus industrial agriculture for a college debate topic the year before I was approached to write music for the film.

Has learning so much about them had any impact on your lifestyle and general philosophy?

I've always been a consumer and supporter of local and organic food. I try to be conscious of my influence on the world, but not because I believe in protecting future generations. The environment isn't something that should be preserved because our kids will need some food or some trees to visit—some things have value in themselves.

Is there anything about bees that you found abstractly applicable to creating music?

Bees, yes. There's a fragility to them that's immediately appealing. Fragility is something I've often struggled to recreate. But bees also have a natural sense of purpose...a sort of tenacity that I respect. The idea of pollination is intriguing to me in the sense of taking what's in your environment and making it something else. I've always appreciated the idea of taking the

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disregarded and turning it into music.

But I identify just as much with the directors' documentary project itself as I do with its subject matter. Attempting to communicate something like colony collapse disorder is probably a lot like releasing a record for people that listen to quiet music. We share the same futile effort. In order to do it, you have to convince yourself that it's important for you to tell your own version of the world in spite of everything around that tells you otherwise. To be honest, I don't really have much hope or faith in the world in kind of a global sense, but I do think there's something about futile acts that does make sense. Making a type of music that is so antithetical to almost everything that one notices in the world is probably just as crazy as attempting to influence people to pay attention to what goes into the process of making food. Intervening into the musical choices that people make is one thing, but trying to make a case for the public to care about how their food is made and ignore their tastes and their need for a food cabinet that fits their budget is another thing altogether.

Everyone can agree that bees play a pivotal role in the sustainability of the entire food chain, but they also have a tendency to sting people- often in retaliation for entirely imagined provocations. Given that, it is reasonable to say their motives are inscrutable and their morals are dubious. Have you given much thought to whether or not you are on sound ethical ground in casting your lot with such an element?

Things that should be preserved can always sting. Every relationship we have with anything has the potential to sting you.

Do you find that you are being treated differently by the apian community since your involvement with the film?

I don't really think I've been even noticed. Those people have more important things to think about than my music.

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...and the story about Bell Gardens - who's involved, how did you meet and come up



...the album is being shown in schools and available on DVD.



[The Vanishing of the Bees](#) is being shown in schools and available [on DVD](#).

